

Family Liturgy

5th Sunday Ordinary Time Year A

Solemnity



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PREPARATION



Set up your sacred space. Place a green cloth, cross, bible and candle. Today, let's add some salt.

Add any other symbols relevant to your family.

Light the candle or use a battery-operated candle for safety.

GATHER

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.



COLLECT

Lord God, help us to follow you more closely as we listen to your words in the gospel. Amen.

GOSPEL

A reading from the gospel according to Matthew 5:13-16

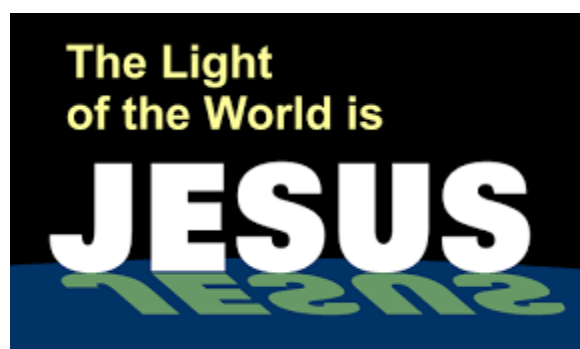
'You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is not longer good for anything, except to be thrown out and trampled underfoot.'

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others that they may see your good deeds and glorify your Father in heaven.'

The gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

(Gospel text © NIV <https://www.biblegateway.com/>)



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<https://youtu.be/xhwdVpDovEs>



Watch: The Salt and Light of the World (1.44 min)

REFLECT

I wonder which part of Jesus' teaching did you like...the part about the salt or the light?

I wonder what it means to be the 'salt of the earth' or a 'light in the world'?

I wonder how you can live in this way following Jesus' message to all who believe?

I wonder if you can recognize yourself living as 'salt' or being a 'light' to others?

I wonder if you know any of the saints who are known to have lived in any of these ways...

UNIVERSAL PRAYER

Let us pray for all the needs of our family, our parish, our community, our world and all the Church. Let us name the intentions that you would like to pray for today.

We gather all our prayers as we pray THE LORD'S PRAYER together

DISMISSAL

May God bless us and protect us, in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

ENDING SONG

The Light of the Word <https://youtu.be/G92cCrOp5KU> (Lyric Actions)



ACTIVITIES

Pray: Write a prayer to Jesus in your journal

Colouring page: You are light of the world

Visit

<https://sermons4kids.com>

for Word Search

